

Injured at work?

Step 1. Report your injury to your employer within 30 days.

Step 2. Complete and file your Form DWC041, *Employee's Claim for Compensation for a Work-Related Injury or Occupational Disease*, within one year. This will report your claim and provide your version of what happened.

Step 3. Find out if your claim is "in network" by contacting your employer's insurance carrier.

Step 4. Select a treating doctor.

NON-NETWORK. If your claim is not a network claim, you may choose any doctor to treat you for your work-related injury.

NETWORK. If your claim is "in network," you will have to select a doctor from a list of network providers. If there is no network provider qualified to deliver the care needed, the network provider must approve the use of a non-network provider.

You should not pay any out-of-pocket costs for a compensable injury. Your medical bills will be sent directly to the workers' compensation insurance carrier.

REMINDERS:

- Cooperate with your doctor's plan for getting you well and returning you to work.
- Keep in touch with your employer and ensure they know your health status and work status.
- Contact the Office of Injured Employee Counsel if you need assistance at 1-866-EZE-OIEC (1-866-393-6432).
- Stay positive throughout the process and remain focused on getting better and back to work.

Office of Injured Employee Counsel
1-866-EZE-OIEC (1-866-393-6432)
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448.5e (09/13)

